

kids teaching kids®
HEALTHY LIFESTYLES

HCA  Houston
Healthcare®

JOIN THE



SNACKING
CHALLENGE!

Goose Creek ISD

REGISTRATION

January 19 - 26

CHALLENGE

January 26 - February 15

What is kids teaching kids®?

- A healthy lifestyles program for
 - ➔ elementary school students
- Featuring fun and healthy resources
 - ➔ by high school students
- Ultimately designed to create healthy habits in 21 days to last a lifetime!

During the 21-Day Snacking Challenge, students will enjoy:

- Creative recipes
- Snacking log
- Wellness videos
- Activity videos
- Rewards

To sign up, Scan the QR CODE or visit

www.kids-teaching-kids.com



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