

# DAILY COVID-19 SELF-HEALTH ASSESSMENT

## FOR STUDENTS & STAFF

1

Take your temperature each day before going to school/work. If you (or your child) have a fever, stay home. If you have no fever, proceed forward with the rest of the screening questions.

2

In the last 48 hours, have you had any of the following symptoms unrelated to any other medical conditions that you already have?

- Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit
- Chills or shaking/exaggerated shivering
- Diarrhea
- New or unexplained loss of taste or smell
- Nausea or vomiting
- New or unexplained difficulty breathing or shortness of breath
- Sore throat
- New or unexplained fatigue
- Congestion or runny nose
- New or unexplained cough
- Headache
- New or unexplained significant muscle pain or aches

3

Students and staff who answered YES to any of the above should not return to school or work until at least 24 hours have passed with no fever and symptoms have improved. Individuals who have symptoms consistent with COVID-19 should consider isolating to prevent the spread of COVID-19 to others. Other considerations and recommendations from health officials include testing and wearing a mask or face covering in public.

Furthermore, Goose Creek CISD Policy DBB (Local) permits the District to require medical documentation from an employee who exhibits symptoms of a communicable disease.

4

Parents/Families should notify the school nurse if your child has a confirmed COVID-19 test for further instructions.

Staff should notify their supervisor if they tested positive for COVID-19, as well as Stephanie Myers, Director of Employee Health & Wellness.

Stephanie Myers • Phone: 281.707. 3601 • Email: [stephanie.myers@gccisd.net](mailto:stephanie.myers@gccisd.net)

