



**HEARTS  
& HANDS**  
OF BAYTOWN

In partnership with houston**foodbank**



## Free Fresh Produce & More

FRUTAS, VERDURAS GRATIS Y MAS

**9am - 11 am**

\*while supplies last - hasta agotar existencias

\*\* time may vary ~ el horario puede variar

\*you must be present to pick-up - debe estar presente para recoger

**11.4.23**

Hearts and Hands of Baytown

307 Cedar Bayou Road  
Baytown, TX 77520

**11.10.23**

Hearts and Hands of Baytown

307 Cedar Bayou Road  
Baytown, TX 77520

**11.11.23**

Faith Family

6500 North Main St.  
Baytown, TX 77521

**11.29.23**

Faith Family

6500 North Main St.  
Baytown, TX 77521

We invite our  
neighbors to enjoy a  
fresh selection of  
fruits and vegetables  
for their household.

Invitamos a nuestros  
vecinos a disfrutar de  
una selección de  
frutas y verduras  
frescas para su  
hogar.



**TOGETHER WE FEED THIS CITY!**

**Be Well Baytown**

Hearts and Hands of Baytown Fresh Market is supported by Be Well™ Baytown. Be Well Baytown is an initiative of The University of Texas MD Anderson Cancer Center sponsored by ExxonMobil.



United Way of Greater  
Baytown Area &  
Chambers County

GOOSE CREEK CISD  
**Community  
Wellness Festival**

**FREE**

**FUN**

**FOR  
EVERYONE**

**SATURDAY, NOVEMBER 4, 2023  
9AM - 1PM**

**PRIZES | STUDENT PERFORMANCES | FACE PAINTING |  
RESOURCE VENDORS | CARNIVAL GAMES | FLU SHOTS |  
PHOTOS WITH SCHOOL MASCOTS | JOB ASSISTANCE | ACTIVITIES |  
CHIT-CHAT SUMMIT ON TRENDING TOPICS |  
COMMUNITY EMPLOYMENT OPPORTUNITIES (AGES 16-24)**

Goose Creek Memorial High School  
6001 East Wallisville Road  
Baytown, TX 77521

Please enter the event through the  
student parking lot off of  
North Main Street.

Sponsors:



**CITY OF BAYTOWN  
PARKS and  
RECREATION**



**GOOSE CREEK  
UNITED**  
**IN WELLNESS**

**Be Well™ Baytown**

The Goose Creek CISD Community Wellness Festival is supported by Be Well™ Baytown, an initiative of The University of Texas MD Anderson Cancer Center sponsored by ExxonMobil.



**GCM High School at GCCISD Community Wellness Fair**  
**November 4, 2023 (9AM-1PM)**

## **CHIT-CHAT SUMMIT SESSION TOPICS**

### **Represent Your High School: PSA Town Hall Screening**

Natural High-Fentanyl PSA Short Film (Auditorium)

*(6-12th Grade Students & Adults Only)*

### **The Truth About Vaping Strand**

Adults Only: Hiding in Plain Sight: Can You Spot the Vape? (Room 135)

Students: Know the Risks: A Youth Guide to E-Cigarettes (Room 133)

*(3rd-12th Grade Students & Adults Only)*

### **Healthy Relationships Strand**

Listen, Linda. Linda, You're Not Listening to Me! (Room 115)

-Learn to Talk & Listen Especially When Conversations Are Difficult-

*(3rd-12th Grade Students & Adults Only)*

### **Mindfulness & Self-Care Strand**

Self-Care, It Is All About Me!: Top 10 Ways to Take Care of Yourself (Room 111)

Finding & Keeping Your Calm, Easy Techniques to Keep the Stress Down (Room 113)

*(3rd-12th Grade Students & Adults Only)*

## **Chit-Chat Session Times**

**9:30-10:00   10:15-10:45   11:00-11:30   11:45-12:15**

***Giveaways at each session!***

**SOCIAL-EMOTIONAL LEARNING**  
*& Student Wellness Department*

