

## Sterling High School Academies – Summer Experience

Tuesday, July 30, 2024 8:00 am – 2:00 pm

Schedule	Activity	Location
8:00 – 8:20 am	Sign-in, Welcome, Instructions	Cafeteria
8:25 – 9:20 am	Station 1 – 4 Rotation	See chart below
9:25 – 10:20 am	Station 1 – 4 Rotation	See chart below
10:25 – 11:20 am	Station 1 – 4 Rotation	See chart below
11:25 – 12:20 pm	Station 1 – 4 Rotation	See chart below
12:20 – 12:50 pm	Lunch	Cafeteria
12:55 – 1:25 pm	Station 5 – 6 Rotation	See chart below
1:30 – 2:00 pm	Station 5 – 6 Rotation	See chart below

### Morning Rotation: Station 1 – 4

	Group A	Group B
8:25 – 9:20 am	Team Building & Email Etiquette <b>E153</b>	PBS/Prin E&T Introduction <b>E159</b>
9:25 – 10:20 am	School Tour <b>E162</b>	Team Building & Email Etiquette <b>E153</b>
10:25 – 11:20 am	PBL Culture Building <b>E154</b>	School Tour <b>E162</b>
11:25 – 12:20 pm	PBS/Prin E&T Introduction <b>E159</b>	PBL Culture Building <b>E154</b>

Lunch in Cafeteria

### Afternoon Rotation: Station 5 – 6

	Group A & B
12:55 – 1:25 pm	Scavenger Hunt *Split into 3 teams <b>Location: whole school</b>
1:30 – 2:00 pm	Tips & Tricks from the Ambassadors <b>Location: Cafeteria</b>

### Station 1: Team Building & Email Etiquette

- a. Location: E153 (Computer Lab)
- b. Facilitator: Rob Koonce & Ambassadors
- c. Lesson on Email Etiquette and Professionalism
  - a. <https://www.beyondbera.org/blog/2022/05/03/email-etiquette-for-students/>
- d. Team building activities to fill remainder of time
  - a. Zones of Comfort
- e. Supplies needed:
  - a. Insert supplies here

### Station 2: School Tour

- a. Location: E162
- b. Facilitator: Carolyn Heads & Ambassadors
- c. Tour through the following areas:
  - a. Front office
  - b. Nurse
  - c. Ranger Center
  - d. Library
  - e. CTS
  - f. Commons/Alcove
  - g. Auditorium
  - h. Girls Gym
  - i. Blue House
  - j. Field House
  - k. Pool
  - l. Vocational building
  - m. Annex
    - i. Receptionist
    - ii. AP office
    - iii. Counselor
    - iv. Water fountains
    - v. Classrooms

### Station 3: PBL Culture Building

- a. Location: E154
- b. Facilitator: Amy Conner & Ambassadors
- c. Create a futuristic ambulance/classroom using Lego
  - a. Create group norms – 5 mins
  - b. Explain project – 5 mins
  - c. Project group planning – 5 mins
  - d. Build project – 25 mins
  - e. Present project – 15 mins
- d. Supplies needed:
  - a. Lego

Station 4: PBS/Prin E&T Introduction

- a. Location: E159
- b. Facilitator: Bess Elmore and Shannon Rogers
- c. Intro to academies activities
  - a. Insert activity information here
- d. Supplies needed:
  - a. Insert supplies here

Station 5: Scavenger Hunt

- a. Location: Whole School
- b. Facilitator: Ambassadors
- c. Group scavenger hunt on GooseChase
- d. Supplies needed:
  - a. None

Station 6: Tips & Tricks – How to Survive High School

- a. Location: Cafeteria
- b. Facilitator: Bess Elmore, Amy Conner & Ambassadors
- c. Ambassadors will give presentation on Tips & Tricks
- d. Supplies needed:
  - a. None